

March Lunch Menu *Meals Subject to Change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Weekly Average
<p>All breads, tortillas, pancakes, pastas etc. are whole grain rich.</p> <p>*Contains Pork</p>	<p>Skim White, Skim Chocolate, and 1% White Milk available daily.</p> <p>A variety of low-fat or fat-free condiments (ranch, French, mustard, ketchup, BBQ, honey mustard) are available daily.</p>		<p>1</p> <p>Choice A Chicken Teriyaki on Rice Broccoli Carrots Grapes Giant Goldfish Graham Cracker</p> <p>Choice B Sunbutter Sandwich Broccoli Carrots Grapes Giant Goldfish Graham Cracker</p>	<p>2</p> <p>Turkey & Cheese Sandwich Zucchini Coins Cherry Tomatoes Chilled Fruit</p> <p>No Vegetarian Menu</p>	<p><u>Calories</u> 583.81</p> <p><u>Saturated Fat</u> 8.00%</p> <p><u>NA</u> 1019.59mg</p>
<p>5</p> <p>WG Cheese Quesadilla Black Bean Salsa Fresh Broccoli Fruit Cocktail</p>	<p>6</p> <p>Cheese Pizza Romaine Salad w/ Cherry Tomatoes Diced Peaches</p>	<p>7</p> <p>Topsy Turvy Yogurt Pancakes Syrup Apple Slices Carrot Sticks Celery Sticks</p>	<p>8</p> <p>Choice A Chicken & Gravy Mashed Potatoes Fresh Pear Celery Sticks Giant Goldfish Cracker Happy Birthday Cupcake</p> <p>Choice B Southwest Veggie Bowl Fresh Pear Celery Sticks Giant Goldfish Cracker Happy Birthday Cupcake</p>	<p>9</p> <p>Munchable Lunch String Cheese Yogurt Dinner Roll Grapes Carrot Coins Zucchini</p> <p>No Vegetarian Menu</p>	<p><u>Calories</u> 623.47</p> <p><u>Saturated Fat</u> 7.00%</p> <p><u>NA</u> 855.12 mg</p>
<p>12</p> <p>Choice A Hot Dog on Bun Corn Celery Sticks Chilled Peaches</p> <p>Choice B Grilled Cheese Tator Tot Celery Sticks Chilled Peaches</p>	<p>13</p> <p>Choice A Cheeseburger on MG Bun Tator Tot Carrot Coins Apple Slices</p> <p>Choice B Veggie Cheeseburger On MG Bun Tator Tot Carrot Coins Apple Slices</p>	<p>14</p> <p>Choice A Chicken Nuggets Pretzel Stick Fruit Cocktail Romaine Salad w/ Cherry Tomatoes</p> <p>Choice B Cheese & Crackers Fruit Cocktail Romaine Salad w/ Cherry Tomatoes</p>	<p>15</p> <p>Choice A Soft Shell Taco Beef & Shredded Cheese Black Bean Salsa Apple Slices Giant Goldfish Graham Crackers</p> <p>Choice B Bean & Cheese Burrito Black Bean Salsa Carrot Coins Apple Slices Giant Goldfish Graham Crackers</p>	<p>16</p> <p>*Ham & Cheese Sandwich Carrot Coins Cucumbers Slices Chilled Fruit</p> <p>No Vegetarian Menu</p>	<p><u>Calories</u> 605.39</p> <p><u>Saturated Fat</u> 9.00%</p> <p><u>NA</u> 1051.17mg</p>
<p>19</p> <p>Choice A Mini Corn Dogs Baked Beans Fresh Broccoli Pineapple Tidbits</p> <p>Choice B Pizza Dippers w/ Marinara Pineapple Tidbits Fresh Broccoli Hummus</p>	<p>20</p> <p>Topsy Turvy French Toast Sticks Yogurt Tator Tot Syrup Orange Wedges Cucumber Slices</p>	<p>21</p> <p>Choice A Hamburger on Bun Carrot Coins Tator Tot Apple Slices</p> <p>Choice B Veggie Burger on Bun Carrot Coins Tator Tot Apple Slices</p>	<p>22</p> <p>WG Cheese Quesadilla Salsa Carrot Sticks Chilled Fruit</p>	<p>23</p> <p>No Frank/Wilson No Lunches</p>	<p><u>Calories</u> 586.48</p> <p><u>Saturated Fat</u> 8.00%</p> <p><u>NA</u> 966.95mg</p>
<p>26</p> <p>Choice A Hot Dog on Bun Celery Sticks Tator Tot Chilled Fruit</p> <p>Choice B Grilled Cheese Celery Sticks Tator Tot Chilled Fruit</p>	<p>27</p> <p>Cheese Pizza Carrots Cucumbers Diced Peaches</p>	<p>28</p> <p>Choice A Chicken Nuggets Pretzel Stick Fresh Orange Romaine Salad w/ Cherry Tomatoes</p> <p>Choice B String Cheese & Crackers Fresh Orange Romaine Salad w/ Cherry Tomatoes</p>	<p>29</p> <p>Choice A Soft Shell Taco Beef & Shredded Cheese Black Bean Salsa Apple Slices Giant Goldfish Graham Crackers</p> <p>Choice B Bean & Cheese Burrito Black Bean Salsa Carrot Coins Apple Slices Giant Goldfish Graham Crackers</p>	<p>30</p> <p>No School</p>	<p><u>Calories</u> 587.29</p> <p><u>Saturated Fat</u> 9.00%</p> <p><u>NA</u> 906.59mg</p>